



PESTICIDE-FREE GARDENING



Best Crops for pesticide-free gardening



APPLES



CELERY



CHERRY TOMATOES



CUCUMBERS



GRAPES



NECTARINES



POTATOES



SNAP PEAS



SPINACH



STRAWBERRIES



SWEET BELL PEPPERS



PEACHES



CARROTS

Home-made Pesticides

OIL SPRAY RECIPE

1 TABLESPOON DISH SOAP
1 CUP COOKING OIL (FROM A NEWLY OPENED BOTTLE)

• BLEND @ 4 TEASPOON RATIO TO 1 PINT OF WATER

SPRAY ONCE A WEEK.



PROTECTS FROM:

- APHIDS
- THIRPS
- SPIDERMITES
- WHITEFLIES
- LEAFHOPPERS
- SPITTLE BUGS
- BEETLES
- LOOPERS

RED PEPPER RECIPE

1 TABLESPOON RED PEPPER POWDER
6 DROPS DISH SOAP
1 GALLON WATER

• MIX ALL TOGETHER

SPRAY ONCE A WEEK

